I am ready for you
To come and fill my
soul

The Lord's Prayer
Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary
Hail Mary, full of grace,
the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now and at the hour of death.
Amen.

Glory Be
Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

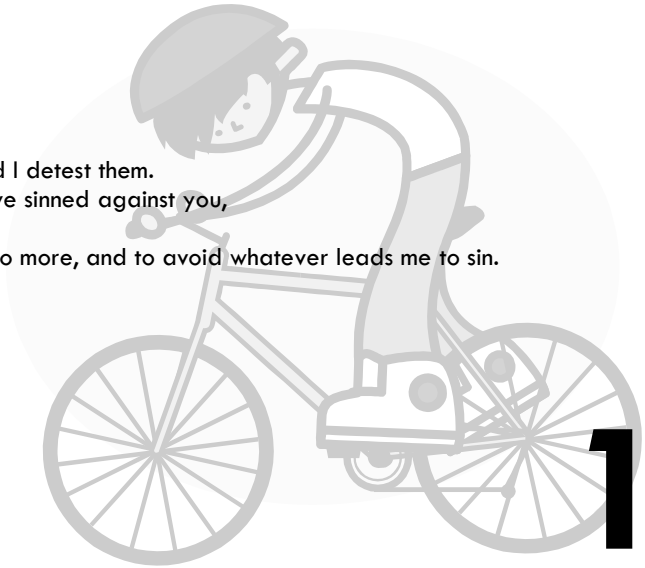
Apostles' Creed
I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Grace Before Meals
Bless us, O Lord, and these your gifts,
which we are about to receive from your bounty,
through Christ our Lord.
Amen.

Act of Contrition
My God, I am sorry for my sins with all my heart, and I detest them.
In choosing to do wrong and failing to do good, I have sinned against you,
whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.
Our savior Jesus Christ suffered and died for us.
In his name, my God, have mercy.

Angel of God
Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.



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O My God, Teach Me *(Saint Ignatius of Loyola)*

O my God, teach me to be generous:
to serve you as you deserve to be served;
to give without counting the cost;
to fight without fear of being wounded;
to work without seeking rest;
and to spend myself without expecting any reward,
but the knowledge that I am doing your holy will.
Amen.

Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are they who mourn, for they will be comforted.
Blessed are the meek, for they will inherit the land.
Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
Blessed are the merciful, for they will be shown mercy.
Blessed are the clean of heart, for they will see God.
Blessed are the peacemakers, for they will be called children of God.
Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.
Blessed are you when they insult you and persecute you and utter every
kind of evil against you because of me.
Rejoice and be glad,
for your reward will be great in heaven.

Inside outside,

under my skin

Never ending love
I don't know where it begins?

Grace After Meals

We give you thanks, almighty God,
for these and all your gifts which we have received
through Christ our Lord.
Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
Enkindle in them the fire of your love.
Send forth your Spirit, and they will be created.
And you will renew the face of the earth.
Lord, by the light of the Holy Spirit, you have taught the hearts of the faithful.
In the same Spirit, help us to relish what is right and always rejoice in your consolation.
We ask this through Christ our Lord.
Amen.

Prayer for Easter Virtues

Lord Jesus,
your Resurrection has given me new life and renewed hope.
grant me the wisdom to know what I must do,
the will to want to do it,
the courage to undertake it,
the perseverance to continue to do it,
and the strength to complete it.
Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.
Amen.

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Magnificat (Mary's Song)

"My soul proclaims the greatness of the Lord;
my spirit rejoices in God my savior.
For he has looked upon his handmaid's lowliness;
behold, from now on will all ages call me blessed.
The Mighty One has done great things for me, and holy is his name.
His mercy is from age to age to those who fear him.
He has shown might with his arm, dispersed the arrogant of mind and heart.
He has thrown down the rulers from their thrones but lifted up the lowly.
The hungry he has filled with good things; the rich he has sent away empty.
He has helped Israel his servant, remembering his mercy,
according to his promise to our fathers, to Abraham and to his descendants forever."

Memorare

Remember, O most gracious Virgin Mary, that never was it known
that anyone who fled to your protection, implored your help,
or sought your intercession was left unaided.
Inspired by this confidence, we fly unto you, O virgin of virgins, our mother.
To you do we come, before you we stand, sinful and sorrowful.
O mother of the Word Incarnate, despise not our petitions,
but in your mercy, hear and answer us.

Prayer of St. Patrick

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ in my breadth,
Christ in my length,
Christ in my height,
Christ in the mouth of everyone who speaks to me,
Christ in the heart of everyone who thinks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

Life is good,

eternal life

is better

Act of Faith

My God, I firmly believe you are one God in three Divine Persons, Father, Son, and Holy Spirit.
I believe in Jesus Christ, your son, who became man and died for our sins,
and who will come to judge the living and the dead.
I believe these and all the truths which the Holy Catholic Church teaches,
because you have revealed them, who can neither deceive nor be deceived.
Amen.

Act of Hope

O my God, trusting in your infinite goodness and promises,
I hope to obtain pardon of my sins, the help of your grace,
and life everlasting, through the merits of Jesus Christ, my Lord and redeemer.
Amen.

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Act of Love

My God, I love you above all things, with my whole heart and soul,
because you are all-good and worthy of all my love.
I love my neighbor as myself for love of you.
I forgive all who have injured me, and I ask pardon of all whom I have injured.
Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope!
To you do we cry, poor banished children of Eve.
To you do we send up our sighs, mourning and weeping in this valley of tears.
Turn, then, most gracious Advocate, your eyes of mercy toward us,
and after this, our exile, show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

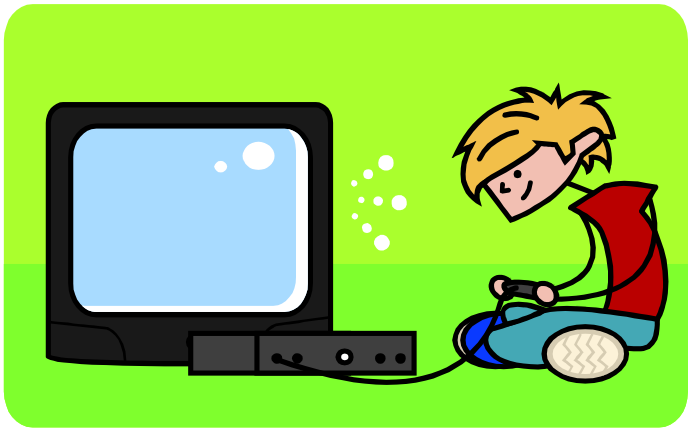
Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the malicious enemy, defend me.
In the hour of my death, call me and bid me come to you.
That with your saints I may praise you forever and ever.
Amen.

Let my
arms
be your shelter

Prayer to the Guardian Angel

Angel sent by God to guide me,
be my light and walk beside me;
be my guardian and protect me;
on the path of life direct me.



Prayer of St. Francis of Assisi

O Lord, make me an instrument of your peace.
Where there is hatred, let me sow love'
Where there is injury; pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
Where there is sadness, joy.
O Divine Master,
grant that I may not so much seek so much to be consoled as to console;
To be understood as to understand;
To be loved as to love.
For it is in giving that we receive;
It is in pardoning that we are pardoned;
And it is in dying that we are born to eternal life.
Amen.

Prayer of St. Alphonsus Liguori

Grant me the gift of knowledge, so I may know the things of God and,
enlightened by your holy teaching,
may walk without deviation in the path of eternal salvation.

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Prayer of Unknowing (Thomas Merton, *Thoughts in Solitude*)
My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
Nor do I really know myself, and the fact that I think I am following your will
does not mean that I am actually doing so.
But I believe that the desire to please you does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that desire.
And I know that if I do this you will lead me by the right road, though I may know nothing about it.
Therefore I will trust you always though I may seem to be lost and in the shadow of death.
I will not fear, for you are ever with me, and you will never leave me to face my perils alone.

Today I Resolve
Lord, Today I resolve to do the good You created me to do,
To see the good You created me to see,
To be the good that You created me to be.
Amen.

Prayer of Abandonment *(Brother Charles of Jesus)*
Father, I abandon myself into Your hands; do with me You will.
What You may do, I thank You.
I am ready for all, I accept all.
Let only Your will be done in me and in all Your creatures.
I wish no more than this, O Lord.
Into Your hands I commend my soul;
I offer it to You with all the love of my heart, for I love You, Lord,
and so, I need to give myself, to surrender myself,
into Your hands without reserve and with boundless confidence,
for you are my Father.
Amen.

Sacred Heart Prayer
Jesus, meek and humble of heart,
I ask that I may love you more and more!
O heart of Jesus, burning with love for me,
may my heart burn with love for you.
O Sacred Heart of Jesus,
may you be known and loved throughout the
world!
Amen.

I want to

breathe

you in.

Prayer of Saint Augustine of Hippo
Breathe in me, O Holy Spirit, that my thoughts
may all be holy.
Act in me, O Holy Spirit, that my work, too, may be holy.
Draw my heart, O Holy Spirit, that I love but what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, then, O Holy Spirit that I always my be holy.
Amen.

Confiteor (I Confess)
I confess to almighty God, and to you, my brothers and sisters,
that I have sinned through my own fault in my thoughts and in my words,
in what I have done and what I have failed to do;
and I ask blessed Mary, ever virgin, all the angels and saints,
and you, my brothers and sisters, to pray for me to the Lord, our God.

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