

BHS TENNIS

GRADING:

NAME _____

PERIOD _____

PERS/SOC RESP/SAFETY (20)	/4	/4	/4	/4	/4	
SKILL (12/24):			APPLICATION 2 (4):			
APPLICATION 1 (4):			APPLICATION 3 (4):			
KNOWLEDGE (6)						
TOTAL (50):						

SKILL 1: Forehand Ground Stroke

- Early body and racket preparation
- Contacts ball in front of body & follows through low to high
- Returns back to ready position

SKILL 2: Backhand Ground Stroke

- Early body and racket preparation
- Contacts ball in front of body & follows through low to high
- Returns back to ready position

SKILL 3: Serve

- Tosses ball in front of dominant shoulder & contacts at appropriate height and position
- Contacts ball at full extension of racket arm.
- Follows through diagonally toward intended service court

SKILL 4: Volley

- Approaches net on a short ball & positions racket face at 90 degrees in front of shoulder
- Punches or blocks the ball.
- Demonstrates limited follow through

TOTAL SKILL: /12-24

APPLICATION 1:

- 4** Applies effective skills (listed above) with few, if any, observable errors in technique.
- 3** Applies effective skills with errors in technique
- 2** Performs skills showing some elements of correct technique, but application is ineffective and inconsistent
- 1** Attempts skills but technique is not yet sufficient, resulting in consistently ineffective performance

APPLICATION 2:

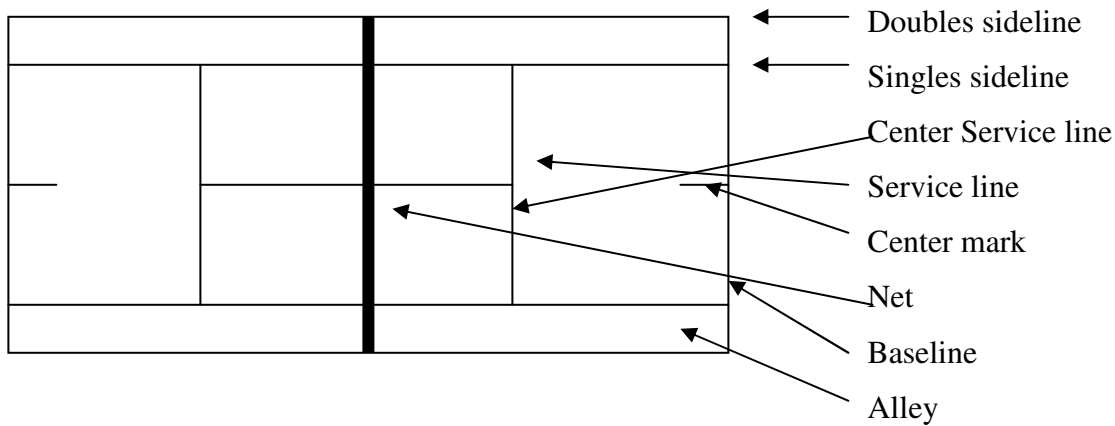
- 4** Consistently applies effective offensive strategy (varies shot selection and placement) and defensive strategy (returns to appropriate court position) without hesitation.
- 3** Uses variation in shot selection and placement, but seems hesitant or indecisive. Maybe inconsistent returning to court position.
- 2** Uses some skills appropriately, but shows little evidence of variation in shot placement and defensive positioning.
- 1** Confines focus to sending and receiving the ball, movements are inconsistent with basic strategic play

APPLICATION 3:

- 4** Applies rules, conventions of play, and terminology without hesitation or observable errors, announces the score correctly before serving.
- 3** Applies major rules, conventions of play and terminology correctly, but makes minor errors and/or seeks confirmation from others. Announces the score correctly before serving.
- 2** Demonstrates a general understanding of the game, but needs assistance from others to correctly apply rules, conventions, terminology and/or scoring.
- 1** Consistently demonstrates incorrect application of rules, conventions, terminology and/or scoring. Relies on direction from others to play correctly.

TOTAL APPLICATION: /12

COURT BOUNDARIES:



TENNIS RULES:

- Service starts in the rt. service court.
- The same person serves the entire game.
- The serve must land in the service box or a fault is charged.
- Two serves are given each time before a double fault is called and the pt. is awarded to the other team.
- If a ball lands on the line it is called "IN".

TENNIS SCORING:

- Love = 0 points
- 1st Point = 15
- 2nd Point = 30
- 3rd Point = 40
- 4th Point = Game
- Tied at 40 = Deuce
- "Ad In" = Next point gained by server after deuce.
- "Ad Out" = Next point gained by receiver after deuce.
- Must win by 2 points to win game.
- 6 games wins a set.
- A match is won by winning the best 2 out of 3 sets.

Vocabulary:

Ground Stroke: Strokes made after the ball bounces on the ground to keep your opponent at the baseline.

Volley: A stroke made by hitting a short ball close to the net before the ball has bounced for the purpose of angling the ball away from your opponent.

Overhead: Similar to a smash or kill shot.

Lob: A high or lofted shot to the back court, used in defense of a player that has come to the net.

Let: A serve that hits the top of the net but is otherwise good