

# BHS Cooperative Games

## GRADING:

NAME \_\_\_\_\_

PERIOD \_\_\_\_\_

|                           |    |                    |    |    |    |
|---------------------------|----|--------------------|----|----|----|
| PERS/SOC RESP/SAFETY (20) | /4 | /4                 | /4 | /4 | /4 |
| SKILL (12/24):            |    | APPLICATION 2 (4): |    |    |    |
| APPLICATION 1 (4):        |    | APPLICATION 3 (4): |    |    |    |
| KNOWLEDGE (6)             |    |                    |    |    |    |
| <b>TOTAL (50):</b>        |    |                    |    |    |    |

### SKILL 1: Individual Skills

- **Altruism:** Considerate, kind, unselfish
- **Honesty:** Free from fraud or deception
- **Effort:** Active energy to produce a result

### SKILL 2: Group Skills

- **Communication:** Exchange of thoughts, ideas, or opinions either verbally or nonverbally
- **Cooperation:** A willingness to work with others to produce a common goal.
- **Leadership/Followership:** Guides, initiates and/or supports the efforts of others to produce a result

### SKILL 3: Personal Challenge

- **Risk Taking:** Takes a chance, participates in spite or; accepts challenge
- **Trust:** Confidence, reliance in one's self and others.
- **Goal Setting:** Establishing realistic goals

### SKILL 4: Group Safety

- **Safety:** free from danger injury or harm (physical or emotional)
- **Respect:** to consider worthy or high regard
- **Self Control:** Follows directions and rules of personal behavior in group setting

**TOTAL SKILL: /12-24**

### APPLICATION 1:

- 4 Demonstrates the ability to challenge one's self or group while following given instructions in order to successfully complete a task
- 3 Demonstrates the ability to challenge one's self or group while following given instructions with few needed reminders in order to successfully complete a task
- 2 Demonstrates the ability to challenge one's self or group while attempting to following given instructions with some needed reminders in order to somewhat successfully complete a task
- 1 Unable to complete task

### APPLICATION 2:

- 4 Uses knowledge of individual and groups skills in order to complete a task successfully
- 3 Applies some knowledge of individual and group skills in order to complete a task with general success
- 2 Applies little knowledge of individual and group skills in order to complete a task with some success
- 1 Attempts to apply knowledge of individual and group skills, does not complete successfully

### APPLICATION 3:

- 4 Exhibits personal challenge skills by taking risk, trusting others and demonstrating compassion, effort and reflection.
- 3 Attempts to exhibit personal challenge skills by taking risk, trusting others and demonstrating compassion, effort and reflection.
- 2 Attempts to exhibit personal challenge skills (listed above) but struggles in breaking down personal challenge barriers.
- 1 Unable to take personal risk

**TOTAL APPLICATION: /12**

**Cooperative and Problem Solving Activities help promote a process of thinking about experiences that can assist participants to become responsible citizens. Personal and Social Responsibility skills are essential to working with others to achieve a common goal. Below are personal and social responsibility skills and personal living skills individuals need to possess in order to be productive members in society:**

**Altruism** – Considerate, kind, unselfish.

**Communication** – Exchange of thoughts, ideas, opinions verbally or non-verbally.

**Compassion** – Sympathy.

**Cooperation** – A willingness to work with others to produce a common goal.

**Effort** – Active energy to produce a result.

**Followership** – The capacity or willingness to follow a leader.

**Goal Setting** – Establishing realistic and measurable purpose.

**Honesty** – Free from fraud or deception.

**Initiative** – Making a start or a beginning.

**Leadership** – The capacity to lead to produce a result.

**Participation** – The state of being related to a larger whole.

**Reflection** – To think about.

**Respect** – To consider worthy of high regard.

**Risk Taking** – To take a chance.

**Safety** – Free from danger, injury or harm (physical and/or emotional).