

**Capital High School
Girls Swimming**

Individual Meet Results

WCC/SPSL League 23-Oct-09 to 24-Oct-09 Yards

Location: Enumclaw Community Pool

Capital HS [CAP] Coach: Burke Anderson

<u>Time</u>	<u>F/P/S</u>	<u>Name</u>	<u>Class</u>	<u>Place</u>	<u>Points</u>	<u>Improv</u>
Event # 2 Girls 200 Free Open						
2:18.49Y	P	Blea, Vanessa	SO	---	---	-0.04
2:21.97Y	P	Coury, Josie	JR	---	---	0.57
2:31.07Y	P	Hattell, Allison	SR	---	---	7.40
2:43.48Y	P	Fondaw, Sarah	JR	---	---	---
3:09.60Y	P	Cundiff, Sarah Joy	SO	---	---	---
Event # 3 Girls 200 IM Open						
2:32.18Y	P	Shelman, Katrina	SR	---	---	-5.35
2:33.72Y	F	Shelman, Katrina	SR	6	15	-3.81
2:48.60Y	P	Cordell, Chelsea	SR	---	---	2.52
3:09.64Y	P	Olson, Rebekah	SR	---	---	5.50
3:09.78Y	P	Pozzanghera, Emmy	SO	---	---	---
3:20.34Y	P	Toomey, Emily	JR	---	---	---
3:42.84Y	P	Cundiff, Sarah Joy	SO	---	---	---
Event # 4 Girls 50 Free Open						
27.04Y	P	Clark, Amanda	JR	---	---	0.19
27.83Y	P	Kelley, Hadley	SR	---	---	1.25
28.68Y	P	Hoffman, Lauren	SR	---	---	-0.32
28.99Y	F	Hoffman, Lauren	SR	12	7	-0.01
29.02Y	P	Cordell, Michelle	SO	---	---	2.25
33.58Y	P	Leady, Anna	JR	---	---	0.77
38.03Y	P	Presnell, Raleigh	FR	---	---	-0.18
Event # 6 Girls 100 Fly Open						
1:03.84Y	P	Clark, Amanda	JR	---	---	1.72
1:08.54Y	F	Browning, Gwyn	JR	5	16	0.01
1:09.67Y	P	Browning, Gwyn	JR	---	---	1.14
1:26.40Y	P	Fondaw, Sarah	JR	---	---	-10.69
Event # 7 Girls 100 Free Open						
57.85Y	F	Willoughby, Hansi	FR	4	17	0.83
57.88Y	P	Willoughby, Hansi	FR	---	---	0.86
1:05.91Y	P	Hoffman, Lauren	SR	---	---	2.01
1:08.48Y	F	Hoffman, Lauren	SR	---	---	4.58
Event # 8 Girls 500 Free Open						
5:48.79Y	P	Shelman, Katrina	SR	---	---	-5.78
5:49.46Y	F	Shelman, Katrina	SR	3	18	-5.11
6:13.32Y	P	Hoffman, Megan	FR	---	---	-3.84
6:15.49Y	F	Hoffman, Megan	FR	6	15	-1.67
7:35.30Y	P	Pozzanghera, Emmy	SO	---	---	-12.04
8:59.82Y	P	McQuiston, Cassidy	FR	---	---	---

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Event # 10 Girls 100 Back Open						
1:05.13Y	F	Willoughby, Hansi	FR	2	19	---
1:06.81Y	P	Willoughby, Hansi	FR	---	---	1.68
1:08.97Y	F	Browning, Gwyn	JR	9	12	-0.69
1:11.08Y	P	Browning, Gwyn	JR	---	---	1.42
1:11.82Y	P	Willoughby, Stella	JR	---	---	1.67
Event # 11 Girls 100 Breast Open						
1:20.84Y	P	Blea, Vanessa	SO	---	---	-3.80
1:22.44Y	F	Hoffman, Megan	FR	7	14	0.51
1:23.32Y	P	Hoffman, Megan	FR	---	---	1.39
1:23.92Y	P	Cordell, Chelsea	SR	---	---	0.47
1:26.34Y	P	Coury, Josie	JR	---	---	-9.34
1:37.39Y	P	Leady, Anna	JR	---	---	-0.55
1:40.30Y	P	McQuiston, Cassidy	FR	---	---	---
1:44.92Y	P	Presnell, Raleigh	FR	---	---	-11.30
1:56.29Y	P	Toomey, Emily	JR	---	---	---