

## *FUNCTIONAL FINE MOTOR ACTIVITIES*

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Emerge-A Child's Place

This is a list of functional skills that allow children to be successful with everyday expectations. It is geared towards elementary aged students, with some items, such as shuffling cards, more appropriate for those children at least in the third grade. It was compiled from the pediatric list-serve therapists' suggestions.

- ❖ Stacking playing cards together and wrapping a rubber band around deck twice.
- ❖ Shuffling cards.
- ❖ Rolling up art work or poster and placing a rubber band around it.
- ❖ Tearing tape off of a tape dispenser.
- ❖ Wrapping a small present.
- ❖ Repairing a broken game box, neatly taping corners.
- ❖ Using a ruler to measure.
- ❖ Tearing perforated pages out of a workbook, off of a tablet, or out of a spiral notebook.
- ❖ Dressing a Barbie, Bratz or GI Joe doll.
- ❖ Unwrapping a CD.
- ❖ Loading coins into a paper coin sleeve.
- ❖ Stapling papers together.
- ❖ Removing staples using staple remover.
- ❖ Using a hole punch in a targeted location.
- ❖ Using a paper brad.
- ❖ Paper clipping papers together.
- ❖ Sharpening pencils with a manual pencil sharpener.
- ❖ Opening three ring binder, placing papers, then closing binder.
- ❖ Threading a needle.
- ❖ Sewing on a button.
- ❖ Using a potato peeler to peel a carrot or potato.
- ❖ Untying shoes that have been double knotted.
- ❖ Neatly (and appropriately) folding paper and putting into envelopes.
  - Quarter-fold for small envelopes
  - One-third fold for legal envelopes