

Mason County Community Services List

Updated 8/1/2009

For additional information or referrals, please contact the Crisis Clinic at 586-2800 24 Hrs a day,
or dial 2-1-1 Monday-Friday 8am-5pm

CHILDREN/ YOUTH/ TEENS

Child Care Action Council -Resource Line Olympia	754-0810 or 1-800-845-0956
Child Protective Services (reports of abuse)	432-2065 or 1-800-562 5624
Children and Parents First (parenting skills/child care) BHR switchboard	704-7170
Children's Mental Health Program, BHR	754-7576 or 1-800-339-7581
Center for advocacy & Personal Development	1-888-222-3664
Covenant House Nineline (crisis line for runaways & their families)	1-800-999-9999
Division of Children and Family Services , DSHS	432-2050 or 1-888-283-2634
National Runaway Switchboard	(24 hrs) 1-800-621-4000 or 1-800-786-2929
Shelton Co-op Preschool (18 months - kindergarten; sliding scale)	426-7857
South Puget Intertribal Planning Agency - Children & Family Services	426-3990
Youth Help Line of South Sound (CCRN) (confidential problem-solving)	586-2777 or (N. Mason) 1-800-627-2211
Youth Enhancement Partnerships (Adventure Based Therapy), BHR	704-7170

CHEMICAL DEPENDENCY

Alcohol / Drug 24-Hour Help Line (support & information)	TDD 1-800-562-1240
Alcoholics Anonymous (AA) (including Alanon & Alateen)	Oly (24 hrs) 352-7344
Alternatives Professional Counseling (Olympia)	357-7986
Mason County Drug Abuse Prevention	427-1686 360-4467 x588 (N. Mason)
Narcotics Anonymous (NA) (for any chemical dependency)	Oly (24 hrs) 754-4433
Recovery Services (Chemical Dependency Outpatient Program), BHR	704-7170
Providence St. Peter Chemical Dependency Center (detox)	432-8692 or 1-800-332-0465
Sea Mar Behavioral Health (incl. Spanish speaking services)	704-7590
Skokomish Tribe Alcohol and Chemical Dependency TANF Program	426-7788
South Sound Clinic (methadone program) (Lacey)	413-6910 or 1-888-764-7243
Squaxin Island Tribal Center - Alcohol Program-Switch board	426-1582

COUNSELING / MENTAL HEALTH

Behavioral Health Services (BHR) (mental health) (24 hrs)	426-1696 or 1-800-825-4820
Mason Co Youth Programs (employment for special needs youth, 16 - 22)	426-1200
Home Mental Health (Providence SoundHomeCare)	426-7928 or 1-800-869-7062
Skokomish Tribe - Family Therapy Program	426-7788
South Sound Mental Health Services (BHR)	754-7576 or 1-800-339-7581
Squaxin Island Tribe - Mental Health Program	427-9006
Teen Care Line (Crisis Clinic)	(24 hours) 586-2777 or 1-800-627-2211

DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services , DSHS (report abuse to vulnerable adults)	1-877-734-6277
Arc of Washington State (Advocates for the Rights of Citizens w/ Disabilities)	Olympia 357-5596
Blind, WA State Dept of Services for the	TDD 586-1224; 1-800-552-7103
Capital Clubhouse (rehab prog by & for mental health consumers)	Olympia 357-2582
Crisis Clinic (referral to community resources)	586-2800 or 1-800-627-2211
Deaf & Hard of Hearing Services , WA State Office of	voice or TTY 902-8000
Exceptional Foresters (residential support for dev disabled adults)	426-0077
Gift for Special Children (financial/referral assistance)	427-7058
Long Term Care Program, CCS (in-home assistance)	427-2230 or 1-800-642-8026
Shelton School District - Special Services (birth-21 years)	426-2151
Social Security Information Line (SSI/ Medicare)	1-800-772-1213
Vocational Rehabilitation , Division of (DVR)	427-2037 or 1-800-548-0946
WA PAVE (support, advocacy for parents of disabled kids) V/TDD	1-800-572-7368
WA Talking Book & Braille Library	1-800-542-0866

EDUCATION / LITERACY

CHOICE High School (alternative high school for ages 14-21)	426-7664
Mason County Literacy (tutoring for reading, writing, ESL)	426-9733
New Chance, Olympic College (transitional worker program)	432-5435
Olympic College Shelton (basic college/GED prep/Adult Basic Education)	432-5400
Shelton Even Start , (adult literacy & parenting classes)	426-2151
Shelton Co-op Preschool (18 months - kindergarten at sliding scale)	426-7857

EMERGENCY NEEDS

Center for Advocacy & Sexual Assault	426-6925
Community Action Council (limited utility assistance)	426-9726
Community Service Office (CSO), DSHS (financial assistance, medical coupons, and food stamps)	or 800-222-8295 TDD 1-800-833-6388
Crisis Clinic (crisis intervention/community resources) (24 hrs)	586-2800 or 1-800-627-2211
Mason County Transit (Dial-A-Ride and bus routes)	427-5033 or 1-800-374-3747
Emergency Shelter: see HOUSING ASSISTANCE / EMERGENCY SHELTER	
Kitsap County Crisis Clinic (Bremerton)	479-3033
Kitsap Sexual Assault Center - Crisis Line (24 hrs)	North Mason 479-8500
Mason County Shelter	427-6919
Red Cross (assistance for natural disasters & house fires)	
Thurston/Mason Chapter (Olympia)	(24 hrs) 352-8575
Kitsap/N. Mason Chapter	377-3761
Salvation Army (emergency gas, food, prescriptions)	
First Baptist Church	426-8461
Matlock Belfair, Hoodspout	426-3091
South Puget Intertribal Planning Agency (assistance for tribal members)	426-3990
Turning Pointe - Domestic Violence Services	432-1212 or 1-877-923-1212
Veterans Assistance Fund	426-4546

EMPLOYMENT INFORMATION & ASSISTANCE

Job Corps (vocational ed & life skills training, ages 16-24)	754-7409
Mason Co Youth Programs (employment for special needs youth, 16 - 22)	426-1200
South Puget Intertribal Planning Agency (five tribes)	426-3990
Work Source - Empl Security (job search/training, unemployment comp)	427-2174

FOOD & NUTRITION

FOOD BANKS:	Shelton - Saints Pantry	427-8847
	Hood Canal Food Bank	877-6507
	Matlock Food Bank	426-1903
	North Mason Food Bank, Belfair	275-4615
Food Stamps, DSHS - CSO		1-800-222-8295
Senior Health & Nutrition Prog (Senior Centers)		Shelton 426-7374
Women, Infants, Children (WIC) Nutrition Program		(CAC) 426-9726

HEALTH / HOSPITALS / CLINICS

AIDS Hotline, National	800-342-2437 or 800-344-7432 (Spanish) or 800-243-7889 (TTY)
Assured Home Health & Hospice	1-800-833-9404
Care Net Pregnancy Center (preg counseling/testing, baby supplies)	427-9171
Celebrate Life Pregnancy Crisis & Support Center	Belfair 275-8021
CHOICE Regional Health Network (low-income insurance)	493-4550
Dental Clinic, Sea Mar Community Health (low income)	570-8016
First Steps (at risk teens /pregnant women)	1-877-980-9180
Harrison Memorial Hospital , Bremerton	377-3911 Emergency Room: 792-6710
Health Care Center (walk-in accepted, sliding scale, medical coupons)	426-9717
Health Department, Mason County - Personal Health Division: (AIDS Testing, HIV/AIDS, Case Mgmt, Children's Services, Immunization, Maternity Support, Pregnancy Testing, STD Clinic, Vital Records)	427-9670 ext 400 North Mason 275-4467 ext 400
Hospice Providence Sound Home Care	426-7928 or 1-800-869-7062
Mason General Hospital	Main 426-1611 or N Mason 275-8614
Medical Assistance (coupons), CSO (DSHS)	1-800-222-8295
Paratransit Services (transportation to medical appointments)	1-800-846-5438
Planned Parenthood (birth control, pregnancy testing/counseling)	426-2933
Poison Center, WA (info for poison/overdose)	(24 hrs) V/TDD 1-800-222-1222
Providence Sound Home Care (in-home assistance)	426-7928 or 1-800-869-7062
Referral & Workforce Resource Center 24 hrs	1-800-970-5456
Sea Mar Community Health Center , Medical (low income/Hispanic)	491-1399
Senior Case Management (Area Agency on Aging)	427-2225 x11
Skokomish Indian Tribe - Health Services	426-5755
Thurston-Mason Medical Society (physical referral)	352-1417

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Community Action Council (rental, utilities assistance)	426-9726
Housing Authority, Mason (housing for low-income, disabled, elderly)	426-9726
Kitsap Community Resources (shelter)	N Mason 377-0053 or 1-800-338-3363
Crisis Clinic	or (after hrs) 479-3033
Mason County Shelter (emergency shelter)	427-6919
South Puget Sound Intertribal Planning Agency (tribal housing)	426-3990
Turning Pointe (domestic violence shelter)	432-1212 or 1-877-923-1212
For additional emergency shelter info, call The Crisis Clinic	586-2800

SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Center for Advocacy & Personal Dev, Sexual Assault Legal Advocacy	426-6925
Child Support Enforcement Office (DSHS)	1-800-345-9964
CLEAR (Coordinated, Legal Ed Advice/Referral)	1-888-201-1014
Columbia Legal Services	943-6260 or N. Mason 1-800-260-6260
Consumer Protection Division , (unfair business)	1-800-551-4636
Dispute Resolution Center (mediation services)	Olympia 956-1155
Human Rights Commission , WA State	753-6770 or 1-800-233-3247
Long-Term Care Ombudsman (mediation, advocacy in nursing homes)	Olympia 943-6018 or 1-800-562-6028
So Puget Sound Intertribal Planning Agency (crime victim advocacy)	426-3990
Tenants Union (landlord-tenant legal information)	Thurston County 943-3036
Turning Pointe (domestic violence)	426-1216 (office) 432-1212 (crisis) or 1-877-923-1212
Victim/Witness Assistance	427-9670 x417 or N. Mason 275-4467 x417
Volunteer Legal Clinic	Thurston County 705-8194
WA Protection & Advocacy System (dev disabled, mentally ill)	1-800-562-2702

SENIORS

Adult Protective Services , DSHS (investigates reports of abuse)	1-877-734-6277
Gatekeeper Program (senior outreach/monitoring)	664-3162- x133
Older Adult Services, BHR (counseling/case mgmt)	704-7170 or 1-800-825-4820
Paratransit Services (transportation to medical appointments)	1-800-846-5438
RSVP (Retired Senior Volunteer Program)	Shelton 426-3405
Senior Activities Association (meeting place/lunches)	Shelton 426-7374
Senior Information & Assistance (AAA)	427-2225 x11 or 1-877-227-4696
South Sound Care Connection (care coordination)	Olympia 586-4491
STARS (Services to At Risk Seniors) Program	586-6181

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project at Radio Ranch (Hispanic/Latino services)	709-0931
Korean Women's Association (Asian, Pacific Islander & Elders)	426-9700
Skokomish Indian Tribe - Social & Health Services	426-4232
Squaxin Island Tribal Center	426-9781
South Puget Intertribal Planning Agency (social services for five tribes)	426-3990

Crisis Clinic of Thurston and Mason Counties is a non-profit IRS designated 501 C(3) tax-exempt organization.

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For more copies please call 360-586-2888

Access our complete resource database at www.crisis-clinic.org

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or dial 2-1-1 Monday-Friday 8am-5pm

CHILDREN / YOUTH / TEENS

Big Brothers / Big Sisters (children matched with adult vol.)	943-0409
Child Care Action Council - Resource & Referral Line	1-800-845-0956 or 754-0810
Child Protective Services -(investigates abuse-24 hrs)	725-6700 or 888-822-3541
Children & Parents First (Parenting skills/child care) BHR	704-7170
Children's Mental Health Program, (Lacey) BHR Switch board	754-7576
Community Action Council WIC (Women, Infants & Children) Program	438-1100
Community Youth Services (Crisis intervention, A/D info classes) S-board	943-0780
Covenant House Nineline (crisis line for runaways & their families)	1-800-999-9999
Family Reconciliation Serv. , DSHS (assist families in conflict) S-board	1-800-746-6521
National Runaway Switchboard	(24 hrs) 1-800-RUN-AWAY
Olympia Child Care Center (sliding scale fee, ages 1 mo - 5 years)	943-9857
Parent Education Clearinghouse (Parent Education/family support groups)	754-2629
Youth Help Line of South Sound (CCRN)	586-2777
YMCA (recreation before & after school)	Olympia 357-6609 or Briggs 753-6576

CHEMICAL DEPENDENCY

Alcohol / Drug 24-Hour Help Line (support & information)	1-800-562-1240
Alcoholics Anonymous (AA) (24 hrs)	352-7344
Alternatives Professional Counseling	357-7986
Chemical Dependency Counseling (BHR Recovery Services)	704-7170
Narcotics Anonymous (NA) (for any chemical dependency 24 hrs)	754-4433
Nisqually Tribal Health Services (incl. substance abuse program) Switchboard	459-5312
Providence St. Peter Chemical Dependency Center (detox)	456-7575 or 1-800-332-0465
South Sound Clinic (counseling, Methadone program)	413-6910 or 1-888-764-7243

COUNSELING / MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours)	704-7170
BHR Children's Program (Martin Way)	754-7577
Catholic Community Services – Counseling/Consultation Services	1-800-719-5232
Community Youth Services (CYS) (crisis intervention & support) Switchboard	943-0780
Crisis Resolution Services (24 hours)	754-1338 or 1-800-270-0041
Home Mental Health (Providence Sound Homecare)	459-8311 or 1-800-869-7062
Olympia Al-Anon Club (AA meetings/info)	753-9934
Providence St Peter Hospital Psychiatry	493-7060
Safeplace (support groups/counseling for domestic & sexual abuse, Rape)	754-6300
Sea Mar Behavioral Health (incl. Spanish-speaking services)	704-2912

DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services, DSHS (report abuse to vulnerable adults)	1-877-734-6277
Arc of Washington State (Advocates for the Rights of Citizens w/ Disabilities)	357-5596
Blind, WA State Dept of Services for the (Switch board)	1-800-552-7103
Capital Clubhouse (rehab program by & for mental health consumers)	357-2582
Deaf & Hard of Hearing Services , WA State Office of (DSHS)	TTY 902-8000
Dial-A-Lift (IT bus services)	754-9393 or 1-800-244-6846
Long Term Care Pro, Catholic Community Svcs (in-home assistance) Switchboard	586-2960
Morningside (vocational development/employment services)	943-0512
Parent To Parent Support (for parents of kids who are disabled)	352-1126
Parks & Recreation , Thurston County Specialized Recreation	786-5595
Protective Payee Services-(Voice Mail)	352-3914
Respite Care Program (through Childcare Action Council)	754-0845
Senior Case Management (Area Agency on Aging)	664-3162 x33 or 1-800-545-0910
Social Security Information Line (SSI/Medicare)	753-9451 or 1-800-772-1213
Vocational Rehabilitation , Division of (DVR) V/TDD	1-800-548-0946
WA Talking Book & Braille Library	1-800-542-0866
WA PAVE (support/advocacy for parents of disabled kids)	1-800-572-7368

EDUCATION / LITERACY

Life Recovery Center (literacy, life skills education)	709-9725
Nisqually Youth Services (tribal youth services)	456-2822
Work First Program, SPSCC (pre-employment training/support)	596-5403

EMERGENCY NEEDS – CLOTHING, UTILITIES:

Adventist Community Service Center	943-1518
Baby Bank (diapers & baby clothes; referral necessary)	357-6617
Community Service Office , Olympia (DSHS)	
(public assistance/medical coupons/food stamps)	725-6600 or TDD 586-0226
Emergency Outreach Program (Sacred Heart Church)	923-0929
Other Bank, YWCA (for supplies that food stamps don't cover)	352-0593
Red Cross (assistance for natural disasters & house fires 24 hrs)	352-8575
Saint Vincent De Paul Clothing Bank, Olympia	352-0782
Saint Vincent De Paul (limited utilities asst)	352-7554
Salvation Army (emergency shelter, meals, utilities assistance 24 hrs)	352-8596
Serving Hands (Olympia Gospel Mission) (Furniture, Household goods)	709-9725
Veterans Assistance Fund	786-5578
Yelm Community Services (food, clothing, utilities asst, emerg shelter)	458-7000

EMPLOYMENT INFORMATION & ASSISTANCE

Employment Security (job search/unemployment compensation)	704-3600
Job Corps (vocational ed & life skills, ages 16-24)	754-7409
Pacific Mountain Workforce Consortium (job training)	704-3600 or 800-624-1234 x5586
Pathfinders Supported Employment, (jobs for mentally ill), BHR-Switchboard	704-7170
Youth Employment & Training, CYS (ages 16 – 21)	943-0780 x119
Vocational Rehabilitation Div (Th. County Work Source) info line	704-3560 or 1-800-830-3243

FOOD & NUTRITION

FOOD BANKS:	
Thurston County Food Bank , Olympia	352-8597
South Thurston United Friends Food Bank	273-5891
Tenino Food Bank Plus	264-5505
Yelm Community Center - Food Bank	458-7000
ROOF (Rochester)	273-6375
Food Stamps (DSHS Community Service Office)	725-6600
Meals on Wheels (lunches to anyone homebound)	586-6181
Women, Infants & Children (WIC) Nutrition Program	754-2936 or 438-1100

HEALTH CARE / HOSPITALS / CLINICS

Assured Home Health & Hospice	236-9204 or 1-800-833-9404
Capital Medical Center Switchboard	754-5858 or Emergency Room 956-2590
CHOICE Regional Health Network (low-income insurance)	493-4550
Care Net (pregnancy counseling/testing, ultrasound)	753-0061
Dental Clinic, Sea Mar Community Health	570-8016
Family Practice, Providence St Peter (health care at sliding scale)	493-7230
First Steps (at-risk teens/pregnant women)	1-800-322-2588
Health Department, Thurston County : (HIV / AIDS, Family Planning Clinic, Immunization, Maternity, TB Clinic, Refugee Clinic, Communicable Disease Program, Children's Services, First Steps, STD Clinic, SIDS, WIC, Nutrition Program Rural Healthmobile)	786-5581 or 786-5583
HIV/AIDS Hotline, Washington State (info & referral)	V/TDD 1-800-272-2437
Medical Assistance (coupons), CSO (DSHS)	725-6600 or TDD 586-0226
Nisqually Tribal Health Services (Indian med/dental)	456-5221
Paratransit Services (transportation to medical appointments)	1-800-846-5438
Planned Parenthood (birth control, pregnancy testing/counseling)	754-5522
Poison Center, WA (info for poison/overdose 24-hrs)	V/TDD 1-800-222-1222
Providence St Peter Hospital	491-9480 or Emergency Room 493-7289
Providence SoundHomeCare & Hospice	459-8311 or 1-800-869-7062
Referral & Workforce Resource Center (In home care 24 hours)	1-800-970-5456
Sea Mar Community Health Center , Medical	491-1399
United Communities AIDS Network (help for people with AIDS)	352-2375
Thurston-Mason Medical Society (physical referral)	352-1417

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Bread & Roses Women's Guest House Shelter	754-4085
Emergency Overflow Shelter (overnight shelter)	628-7343
Haven House-(shelter/crisis center for teens 12-17)	754-1151 or 888-698-1825
Housing Authority, Thurston (housing for low income, disabled, elderly)	753-8292
Housing Rehabilitation , City of Olympia (rehabilitation loans)	753-8436
Safeplace (shelter for abused women - 24 hrs)	754-6300 or TTY 943-6703
Transitional Housing Program (Housing Authority)	753-8292
Yelm Community Services.(rural Thurston County residents)	458-7000

SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Child Support Enforcement Office	664-6900 or 1-800-345-9964
Columbia Legal Services	943-6260
Consumer Protection Division (unfair business)	1-800-551-4636
Disability Rights, Washington (dev disabled/mentally ill)	1-800-562-2702
Dispute Resolution Center (mediation services)	956-1155
Family Court Facilitator (Thurston Co. Juvenile and Family Court)	709-3274
Family Support Center (coordinated family services)	754-9297
Human Rights Commission , WA State	753-6770 or 1-800-233-3247
Long-Term Care Ombudsman (mediation/advocacy in nursing homes)	943-6018
Safeplace (legal advocacy for abused women)	754-6300 or TTY 943-6703
Tenant's Union, Thurston County (landlord / tenant legal info)	943-3036
Victim Advocate Division, Thurston County	754-2989
Victim Assistance Office , Olympia	753-8408
Volunteer Legal Clinic , Thurston County	705-8194 or 1-800-201-1014
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights)	352-9716 or 1-877 330-3063

SENIORS

Area Agency on Aging (info, case mgmt)	664-3162 x133 or 1-888-545-0910
Catholic Community Services	586-2960
Gatekeeper Program (senior outreach/monitoring)	664-3162 ext 133
Older Adult Services, BHR (Counseling/case mgmt)	704-7170 or 1-800-825-4820
Home & Community Services, Div of (DSHS)	664-7575 or 1-800-462-4957
RSVP (Retired Senior Volunteer Program)	586-7787
SENIOR CENTERS: Olympia: 586-6181	Yelm: 458-7733
Lacey: 407-3967	Tenino: 264-9805
Rainier: 446-2258	Tumwater: 754-4160
Senior Information & Assistance (AAA)	664-3162, ext. 133 or 1-888-545-0910
South Sound Care Connection (care coordination)	586-4491
STARS Program (Adult Day Care -Several locations)	586-6181

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Korean Women's Association (Asian, Pacific Islander, & Elders)	455-4524
Cielo Project at Radio Ranch (Hispanic/Latino services)	709-0931
Nisqually Indian Tribal Services	456-5221
South Puget Intertribal Planning Agency (SPIPA – five tribes)	426-3990

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